# **HOT FLASHES IN OLDER WOMEN**



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# **Q** A Are Hot Flashes in Elderly Women Normal

Pregnant women can also experience hot flashes, as can young women during or prior to menstruation.

Recommendations If you or someone you know is suffering from hot flashes, there are ways you can lessen their discomfort or alleviate them entirely.

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# Older women still suffer from hot flashes and night sweats

Women still have hot flushes (hot flashes) and night sweats years after menopause, finds a new study published in BJOG: An International Journal of Obstetrics & Gynaecology.

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# Hot Flashes Causes Symptoms and Treatments Healthline

A 2016 study of 209 women experiencing four or more menopause symptoms a day found that acupuncture significantly reduced their menopause symptoms, including hot flashes and night sweats.

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# Persistent Hot Flushes in Older Postmenopausal Women

Objective To examine the prevalence, natural history, and predictors of hot flushes in older postmenopausal women. Methods Prevalence, severity, and 3-year change in severity of hot flushes were assessed by questionnaire in 3167 older postmenopausal women with osteoporosis.

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#### Menopausal symptoms in older women and the effects of

Menopausal symptoms in older women and the effects of treatment with hormone therapy. Barnabei VM(1), Grady D, Stovall DW, Cauley JA, Lin F, Stuenkel CA, Stefanick ML, Pickar JH. Author information:

(1)Medical College of Wisconsin, Milwaukee 53226, USA. barnabei@mcw.edu Erratum in Obstet Gynecol. 2003 Mar;101(3):619.

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# Hot Flashes Causes Symptoms Treatment Medicine for Men

About 70% of women will experience hot flashes at some point in the menopausal transition. Hot flashes in men, young women, or during pregnancy may be due to medical conditions that interfere with the body s ability regulate temperature. Hot flashes may be treated by hormone therapy or other medications if necessary. http://ebookslibrary.club/Hot-Flashes-Causes--Symptoms-Treatment-Medicine-for-Men--.pdf

# Hot Flashes Sexual Side Effects of Menopause The North

In some women, hot flashes linger for 10 years or more, and older women are known to have occasional hot flashes. Women who experience abrupt menopause when their ovaries are surgically removed often suffer severe hot flashes that start right after surgery and typically last longer than those in women who undergo natural menopause.

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# Is it possible for an 83 year old women to start

One study I found noted that about 10 percent of older people (men and women) experience hot flashes or night sweats, and that they commonly also have some of the following symptoms: nighttime: fever, muscle cramps, numbness in the hands or feet, vision problems, or hearing loss.

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# When I'm 64 I'll still have hot flashes ScienceDaily

Some 40% of women 60 to 65 years old still have hot flashes. For many, the hot flashes are occasional and mild, but for some, they remain really troublesome, shows a new study just published in

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